



## Anesthesia Services

There may be a choice at the time of your procedure of two methods of anesthesia – Conscious Sedation using midazolam (Versed) and fentanyl or propofol based anesthesia, both administered through an IV. Propofol is not guaranteed to be available on the day of your procedure due to staffing. If you only want propofol and will not consider conscious sedation as an option, please call our office and let us know you wish to receive propofol, you might need to be rescheduled.

- Propofol based anesthesia – propofol is an anesthetic agent that has been used for many years for surgery and is often used for endoscopic procedures because of its deeper level of sedation and quick recovery. Advantages of propofol include rapid onset of sedation/sleep, a deeper level of sedation and rapid awakening after the procedure and no associated amnesia. As sedation is predictable, many doctors feel this allows for easier completion of these exams.
  - Propofol is derived from egg-based material and cannot be used in those individuals allergic to eggs or soy.
  - As it provides a deeper level of sedation, a qualified anesthesia provider must administer propofol. As a result, there may be additional costs to the patient associated with propofol administration.
  - If you choose propofol based anesthesia, it will administered by a CRNA or anesthesiologist associated with Anesthesia of the Rocky Mountains who is credentialed to provide anesthesia services at Pikes Peak Endoscopy Center or Briargate Endoscopy Center. Anesthesia of the Rocky Mountains is owned by the physicians associated with Gastroenterology Associates of Colorado Springs.
  
- Conscious Sedation – This is the traditional method of anesthesia using a sedative, midazolam, and a narcotic, fentanyl. As its name implies, its intent is to relax the patient and reduce discomfort. Some people will sleep through the procedure; others will be semi-awake and may recall events during the procedure. The midazolam typically causes amnesia with the patient not able to recall events during the procedure and for some period of time afterwards, often giving patients the feeling that they were asleep during the procedure. Advantages of conscious sedation include cost savings and a long established history of use in gastroenterology procedures.
  - IV conscious sedation is given under the direction of the gastroenterologist and is included in the facility fee for the procedure. There is no additional charge for conscious sedation.

On the day of your procedure if propofol is available, you will have time to discuss your anesthesia options with your anesthesia provider.