

Please arrive 90 minutes prior to your scheduled appointment time.

You should have received the following paperwork:

- ☐ Procedure Instructions

Please bring the following to your procedure:

- ☐ Photo Identification/Current Insurance Card
☐ Inhaler or Insulin (If applicable)

Please review the information you received 10 days prior to procedure. This packet contains information that is important in the days leading up to your procedure. If information in this packet is not reviewed, you may miss essential information.

Upper Endoscopy/EGD

Procedure Instructions

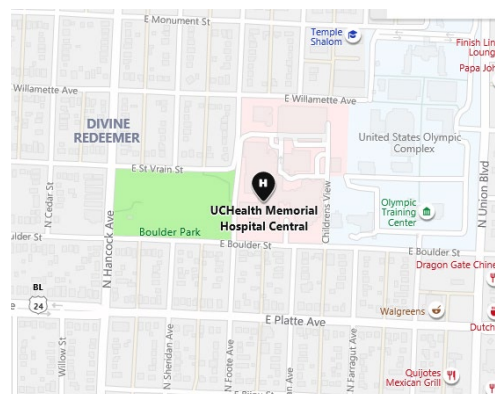
Please Read All Enclosed Information & Follow Instructions Carefully

Detailed step-by-step instructions follow below this table:

1 week prior to procedure	Speak to your primary care physician about medications such as: • Coumadin (Warfarin), Plavix, Ticlid, Pradaxa, Eliquis, or any other Blood Thinners*** • You may need to discontinue these medications up to 1 week prior to your procedure. • WEIGHT LOSS/DIABETES: <u>Stop GLP-1 Agonists</u> (Trulicity, Victoza, Ozempic, Wegovy, Bydureon, Byetta, Zepbound or other) 7 days before your exam. • You may continue to take a daily aspirin.
1 day prior to procedure	• Normal Diet • Continue all daily medications unless otherwise directed by your primary care provider.
Day of your procedure	• NO solid food 8 hours prior to your procedure. Clear Liquids Only. • NOTHING by mouth 4 hours prior to the procedure. • Please take daily medications as usual (unless instructed otherwise). Take these at least 4 hours prior to the procedure. • If you use an inhaler, please bring this to your appointment. • NO GUM, HARD CANDY, COUGH DROPS or CHEWING TOBACCO. • DO NOT SMOKE MARIJUANA, CIGARETTES, PIPES, VAPE PENS or E-CIGARETTES. <u>Please bring your ID and current insurance card.</u> You must be accompanied by or have arranged an adult to drive you home. You may not drive or go home by TAXI/UBER/LYFT/BUS ETC.

Location:

1400 E. Boulder, Colorado Springs, 80909
1st Floor, Near Parking Garage
Phone: (719) 365-5000



Please use the North Entrance which is located nearest the parking garage.
Valet parking is offered at all entrances **free** of charge or feel free to park in the garage.

Diabetic Prep Considerations:

Please monitor blood sugar levels closely***



Insulin Dependent

- 1 Day Prior:
 - Morning Dose.
 - No Change.
 - Afternoon Dose (If Applicable):
 - 1/2 Normal Dose.
- The Day Of Your Procedure:
 - No Insulin- bring insulin with you to your appointment.



Medication Dependent

- 1 Day Prior:
 - Take your normal AM dose of pills.

Do not take any more pills until after your procedure.

If you take insulin and pills, please follow all the instructions listed in the both boxes above.



Diet Controlled ONLY

- Follow Prep Instructions as given

***Unsafe blood sugar levels may result in rescheduled appointments.

Your health and safety are our number **1** priority.